



A CHINA FAMILY TOUR
IMPERIAL PALACES, CELESTIAL WARRIORS,
AWESOME MIGHTY RIVER & HIGH TECH MEGA-CITY



Duke
ALUMNI

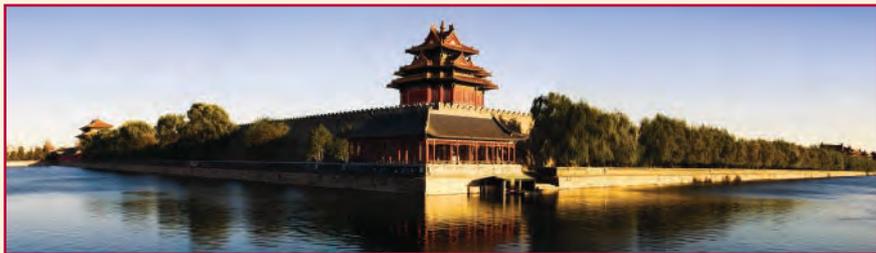
June 30-July 11, 2016

BEIJING • XIAN • CHONGQING • YANGZI RIVER • YICHANG • SHANGHAI



PICTURESQUE CHINA

Experience the Delights of a Well-Crafted Family Tour



Forbidden City, Beijing

Dear Duke Alumni and Friends,

Join other Duke alumni and their families in experiencing a most amazing family tour to China. This tour has everything that the young and young at heart could desire. You will explore the dynastic culture of Ming, Qing, and Qin emperors in Beijing and Xian and learn why China remains the world's oldest continuous civilization. On the Yangzi River, you'll marvel at one of the world's greatest river systems. Travel to Shanghai and explore the city that busies itself with creating China's future. This is where commerce and the high tech race are in overdrive.

Each day you'll enjoy activities that bring out the local color of Chinese life, especially tailored for families who enjoy learning new things. Here are just some of the things you'll do:

- * *Learn the ancient sport of Jianzi, also known as Chinese Hacky Sack, then join locals for a lively game and try out your new skills.*
- * *Eat a lunch specially prepared by local Beijing families*
- * *Learn the Chinese art of kite making, then fly kites at the Olympic Village.*
- * *Practice martial arts in Beijing's famous martial arts school*
- * *Come face-to-face with the lifesize 2,300-year-old terracotta warriors, guarding the tomb of China's first emperor*
- * *Visit the adorable pandas at the Chongqing Zoo in their beautiful natural enclosure*
- * *See what life is like in a relocated village along the Yangzi River*
- * *Stand on top of Shanghai's World Financial Center, for a bird's eye view of old and new Shanghai*
- * *Ride the Maglev, China's fastest train at 260mph*

In addition, pre- and post-tour extensions are available to customize your China experience and make your family's stay even more enjoyable.

Please join us on this family-oriented exploration of Chinese wonders. Your guides will prove resourceful travel companions, with insightful commentary that gives context to the China you will see. These enchanting regions will create family memories for a lifetime that you will always cherish.

Forever Duke,

Beth Ray Schroeder '83
Director, Alumni Travel



FABULOUS DINING

Savor China's Exquisite Regional Cuisines



China today arguably produces the finest cuisine in the world. Given the country's stratospheric economic rise and the emergence of a fun-loving middle class, the special dining



experience is prized in Chinese society more than ever before. A good time in China means nothing if not "to eat well."

The enjoyment of good food will prove one of this family tour's recurring themes. Fine dining certainly makes for a happy occasion, but in China, it means much more. Simply put, the brilliance of Chinese culture is found in China's astounding culinary traditions. Every Chinese region defines itself by its cuisine—and this means the direct way of experiencing a region is through tasting its food. In the Middle Kingdom, food unlocks the subtlety and richness of culture.

Since your tour passes through much of the country you'll have ample opportunity to discover each region's culinary specialty. And given Chinese



creativity, it is unlikely you'll eat any one dish twice. One after another, dishes brought to your table will surprise you by their originality and uniqueness. The enjoyment of "food as

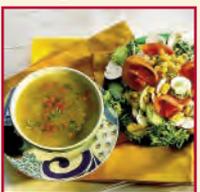


culture" will be part and parcel of your China experience. Here are just some of the fine eating establishments you'll enjoy:

§ In BEIJING, dine at *Duck de Chine*, recognized as a premier location for the fabled Chinese delicacy, Peking duck. § Your lunch with Beijing locals in their courtyard homes in Houhai shows that all succulent foods need not be produced by five star kitchens. § And *Xiaolongpu* at the foot of the Great Wall showcases farmers' fresh produce and hearty foods—particularly braised meats—conducive to the northern climate and rugged terrain.

§ In XIAN *Defachang* lays claim to being the champion of the dumpling, and dinner here includes twenty kinds with unique fillings and flavors.

§ In SHANGHAI, *Ding Tai Feng* is famous for their dim sum and delights in food presentation and a masterful harmony of color, fragrance, and flavor.



§ *Xijiahuayuan Restaurant* is often cited as one of the city's best choices for Shanghai cuisine and delicate sweet tastes.

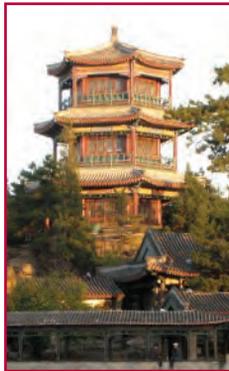


PRE-TOUR EXTENSION

Come to China Early



Yanyu Pavilion



Jinshan Tower

CHENGDE IMPERIAL RESORT

June 27–July 1, 2016 *

*dates include 2 days of international travel

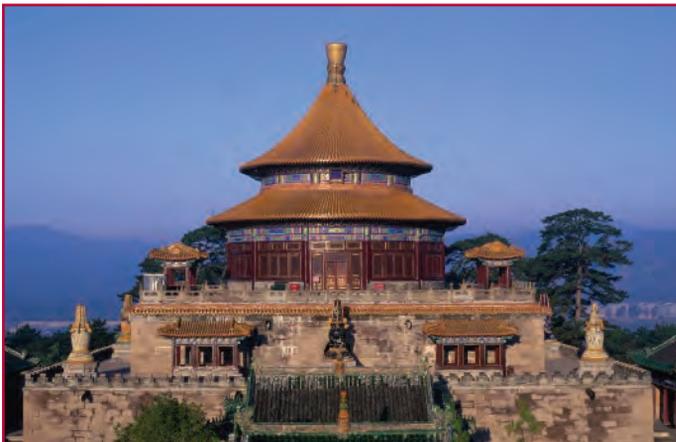
Spend three days experiencing the grandeur of the Qing Imperial Resort at Chengde, a two hour drive north of Beijing. A UNESCO World Heritage Site with a history of more than 300 years, this is one of the great cultural landmarks of all China.

The garden complex includes imperial halls, southern-style lake gardens, Mongolian yurts, and a wooded hillside with numerous pavilions. Beyond the palace many Buddhist temples were built, each one architecturally unique, of which five remain.

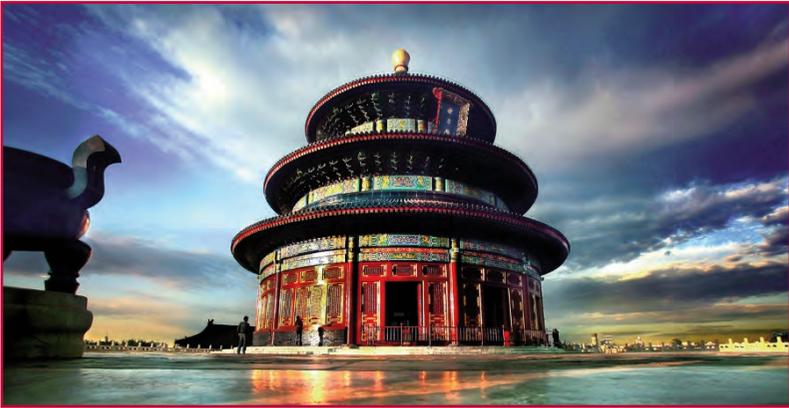
Travel Dates for Chengde Extension

June 27 • Depart the U.S. for Beijing
June 28 • Arrive Beijing
June 29 • Beijing to Chengde
June 30 • Chengde
July 1 • Chengde to Beijing
(main tour participants arrive today)

Accommodations: 1 night New World Beijing Hotel (Beijing), 2 nights Qiwanlou Resort (Chengde)



Pule Temple



Temple of Heaven, Beijing

A CHINA FAMILY TOUR

ITINERARY

June 30–July 1 • U.S.–Beijing

Depart the U.S. on your flight to Beijing. Cross the international dateline and arrive the next day. (meals aloft)

• *Accommodations at the New World Beijing Hotel, in the heart of historic downtown*

July 2 • Beijing

This morning, visit the Temple of Heaven, one of the finest creations of the Ming dynasty. This stunning architecture realizes the eternal Chinese desire to incarnate heaven in material form, and represents the most advanced principles of mechanics and geometry of the time.

Learn the ancient sport of Jianzi, also known as Chinese Hacky Sack. After your lesson with a master, join locals for a lively game and try out your new skills.

Later, wander Beijing's picturesque Houhai district, where well-preserved courtyard homes and narrow hutong alleys border tree-lined lakes. Tour the district by "pedicab" for a closer and more engaging experience of traditional Chinese life. Divide into small groups and enjoy lunch at a local

family's home. During the home visit, learn how to make your own Chinese Kite, which you will have an opportunity to fly at the Olympic Village.

In the afternoon, wander the beautiful grounds of the Summer Palace. The Palace was built in 1888 for the Empress Dowager Ci Xi, using funds originally intended for the Qing Imperial Navy. Saunter through the exquisite royal gardens and cruise on lovely Kunming Lake. Also, walk the Painted Gallery.

This evening is free and dinner is on own. (b,l)

July 3 • Beijing

Take an early walk on Tiananmen Square and observe morning city life.

Within minutes, arrive at the gate of the Forbidden City, the abiding symbol of imperial China. Truly one of the great achievements of civilization, its construction employed hundreds of

thousands of workers between 1406 and 1420. Marvel at its expansive architecture, magnificent imperial gardens, and many



Terracotta Warriors, Xian

museums of Chinese antiquities and treasures.

In the afternoon, stop by the Beijing Olympic Village and see the Olympic stadiums known for their innovative design, the “Bird’s Nest” and the “Water Cube.”

Not content to remain mere observers here, fly the kites you just made or swim in the beautiful Water Cube where American super-swimmer Michael Phelps won his eight olympic medals.

This evening, savor the imperial city’s most famous delicacy, Peking duck, at the renowned Duck de Chine Restaurant. (b,l,d)

July 4 • Beijing

This morning, visit the Beijing Martial Arts School. Meet with students, practice with the resident teacher, and observe a martial arts demonstration.

Afterwards, head northeast to the Great Wall of China at Mutianyu. Enjoy lunch at Xiaolongpu Restaurant at the foot of the Wall. The restaurant is famous for farmers’ fresh produce and unique local cuisine.

Take the gondola up to the summit and hike the Great Wall. Enjoy the astounding views of the Wall as it winds over the surrounding hills. The Great Wall of China presents a visual experience that consistently exceeds visitors’ expectations. Children may enjoy an Alpine Slide coming downhill after hiking the Wall.

Tonight, enjoy dinner at Bamboo Garden Restaurant by the beautiful Houhai Lake. (b,l,d)

July 5 • Beijing–Xian

This morning, fly to the ancient Tang dynasty capital of Xian.

Be ready to be amazed at the extraordinary 2,300-year-old terracotta

warriors in the tomb of China’s first emperor, Qinshihuang. The warriors still stand on the original site where farmers discovered them in 1974.

The terracotta figures were restored in workshops by local craftsmen. The head, arms, legs and torsos were created separately and later assembled, at which time intricate features such as facial expressions were added.

Remaining intact for over two millennia the army includes 8,000 soldiers and 130 chariots, along with 520 regular horses and 150 cavalry horses. Full construction involved 700,000 workers, an effort that lies beyond human comprehension.

Before dinner, explore the Muslim Quarter. Chinese Muslim culture traces

its heritage from the flourishing Silk Road culture of the Tang dynasty.

The day concludes with a dumpling banquet at Defachang Restaurant, where you’ll feast on over twenty kinds of Chinese dumplings, a Xian specialty. (b,l,d)

• *Accommodations at the Wyndham Grand Xian South in downtown (2 nights)*



July 6 • Xian–Chongqing

In the morning, fly to Chongqing.

After lunch, visit the pandas at Chongqing Zoo. Placed amid rolling hills and beautiful natural scenery, the Zoo houses more than 200 different species and over 2,000 animals. It is an immensely popular attraction due to the fact that the giant pandas are in their natural habitats. The Panda House has eight adorable pandas born at the zoo. It covers two hectares with large open dens for pandas to roam around. Other precious animals such as golden monkeys and South China tigers find their homes here.

Following dinner, board the *Victoria Cruise ship* (3 nights). (b,l,d)



The Bund, Shanghai

July 7 - 8 • Yangzi River Cruise

The main focus of the cruise is the extraordinary Three Gorges—the deep valleys and towering mountains carved by the Yangzi River.

Each day, there are special excursions on shore, including a tour of a relocated village and to the breathtaking Daninghe Lesser Gorge.

As you'll learn during the cruise, the river is home to several critically endangered species: the Chinese alligator, finless porpoise, Chinese Paddlefish, and Yangzi River dolphin. This is the only place besides the United States that is native to both alligator and paddlefish species.

Tour the Three Gorges Dam construction site at Sandouping and sail through the new ship-locks. As the largest construction project in the world, the dam has a significant impact on Chinese society. Its proponents argue that it frees people from the danger of floods and generates precious electricity and water transport. Detractors site the permanent flooding of many towns (including ancient cultural sites) and deleterious changes in the local ecology. (both days: b,l,d)

July 9 •

Yichang-Shanghai
Disembark the ship in Yichang. Enjoy lunch at Fangweng

Restaurant followed by a city tour. Fly to Shanghai in the evening and transfer to your hotel in the heart of Shanghai. (b,l)

• *Accommodations at the Shanghai Marriott Hotel City Centre, next to People's Park (2 nights)*

July 10 • Shanghai

In the morning, visit Yuyuan Gardens in old Shanghai and absorb the Chinese traditional garden ambience.

Visit the wonderful collections of the Shanghai Museum, including its world-class displays of Chinese bronzes, ceramics, paintings, and calligraphy.

Lunch is at Ding Tai Feng restaurant.

Take the elevator to the top of Shanghai's World Financial Center, for a bird's eye view of old and new Shanghai.

Later in the afternoon, ride on the famous Maglev Train (magnetic levitation train) speeding at 260 miles an hour!

This evening, enjoy a memorable farewell banquet at Xijiahuayuan Restaurant. (b,l,d)

July 11 • Shanghai-U.S.

Transfer to the Shanghai airport for your flight home. Arrive in the U.S. on the same day. (b,meals aloft)



POST-TOUR EXTENSIONS

Stay in China Awhile Longer

GUILIN, LONGSHENG & YANGSHUO

July 11–15, 2016

Immerse yourself in the wonders of man and nature, with an excursion to south China. Explore the evocative world of Longsheng, where Zhuang and Yao minorities have sculpted rice terraces into the hillsides for hundreds of years. Perched high above the valley floor, with terraces as far as the eye can see, Longsheng is a Shangri-la of rustic simplicity.

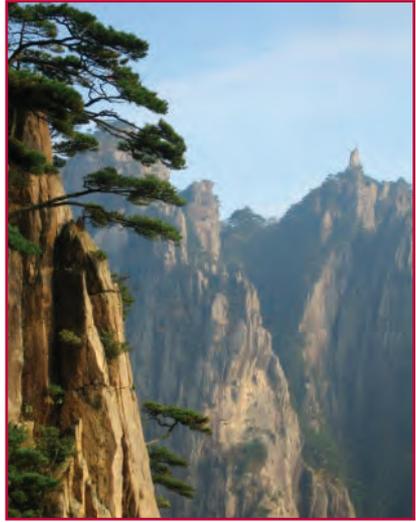
Then, drive to Guilin and witness the awesome karst limestone mountains that are the signature of the region. Cruise the Li River and find a landscape that seems to be lifted out of a Chinese scroll painting.

Disembark at Yangshuo, a charmingly eccentric rivertown, and hike the nearby regions of karst mountains and rice paddies that reveal the life of Chinese fishermen and farmers.

Travel Dates for Guilin & Longsheng Extension

July 11 • Shanghai, fly to Guilin, drive to Longsheng
July 12 • Longsheng to Guilin
July 13 • Guilin to Yangshuo
July 14 • Yangshuo to Guilin, fly to Shanghai
July 15 • Shanghai to U.S. (depart anytime)

Accommodations: 1 night Li An Lodge (Longsheng), 2 nights Grand Bravo Hotel (Guilin), 1 night Shanghai Marriott City Centre (Shanghai)



HUANG MOUNTAINS & HUIZHOU VILLAGES

July 11–15, 2016

Take a one-hour flight from Shanghai and explore Anhui province and its idyllic landscape of rice paddies, Ming and Qing dynasty villages, and dynastic market center. Discover traditional Anhui life in Hong and Guanlu villages.

Then, visit the crown jewel of the region, the Huang Mountains. The beauty of the granite precipices towering above the morning valley fog has provided inspiration to Chinese artists for centuries. On foot and by cable car, explore the Yellow Mountains' fabled views. Vistas of amazing beauty lie a few minutes from the hotel. Sit at the edge of thousand foot cliffs and absorb nature at its most sublime.

Travel Dates for Huangshan Extension

July 11 • Shanghai, fly to Tunxi
July 12 • Tunxi and Huizhou Villages
July 13 • Huangshan
July 14 • Huangshan to Tunxi, train to Shanghai
July 15 • Shanghai to U.S. (depart anytime)

Accommodations: 2 nights Crowne Plaza (Tunxi), 1 night Xihai Hotel (Huangshan), 1 night Shanghai Marriott City Centre (Shanghai)



TOUR COST

• Rates are per person and do not include international air:

Main Tour, Adult, Double Occupancy			\$4,650
Children under 18 years, Double Occupancy			\$4,450
Children under 18 years, Triple Rate (rate applies to only one child in the room)			\$4,350
Single Supplement			\$1,490
Chengde Pre-Extension	\$1,295	Single Supplement	\$ 550
Guilin Post-Extension	\$2,295	Single Supplement	\$ 750
Huang Mtns Post-Extension	\$1,995	Single Supplement	\$ 730

Roundtrip International Air available through Airtreks. For pricing, please contact Airtreks directly at 415-977-7136 or at china-advocates@airtreks.com.

Private Airport Transfers upon arrival in Beijing and departure in Shanghai are recommended and available through China Advocates. Call 1-888-333-2585 or email info@china-advocates.com.

Main Tour Includes: • Double occupancy accommodations • All meals listed in itinerary • All sightseeing, entertainment, and cultural activities listed in itinerary • Chinese airport taxes • All group air and ground transportation within China • English-speaking Chinese local tour guides • China Advocates' national tour director (with a minimum of 10 travelers) • Duke representative (with a minimum of 15 travelers) • Gratuities to local guides and drivers on main tour

Not Included: • Domestic U.S. and international airfare • Gratuities to national tour director • Gratuities on extensions • Airport transfers and portage • Visa processing • Meals not included in the tour • Excess baggage charges • Travel insurance • Items of a personal nature • Optional activities

For more information, please contact **Duke Alumni Travel toll free at 800-FOR-DUKE** or **China Advocates** at 888-333-2585 or email info@china-advocates.com

Tour Reservation Form

Duke Alumni Travel: *A China Family Tour* June 30–July 11, 2016

Enclosed is a deposit for \$ _____ (\$700 per person) to hold _____ place(s). Please make checks payable to *China Advocates*. Final payment is due April 1, 2016.

Accommodations: Indicate number of each room type below:

_____ Double _____ Triple _____ Single _____ Roommate Request
(I understand that if a roommate cannot be secured for me, I agree to pay the single supplement)

Room 1 Bed Request: One bed (King/Queen) Two Beds Rollaway (for third person)
(based on availability)

Name _____ Birthdate _____

Name _____ Birthdate _____

Name _____ Birthdate _____

Room 2 Bed Request: One bed (King/Queen) Two Beds Rollaway (for third person)
(based on availability)

Name _____ Birthdate _____

Name _____ Birthdate _____

Name _____ Birthdate _____

***All rooms will be requested as non-smoking unless otherwise advised.

Address _____ City _____

State _____ Zip _____ Phone: _____

Cell Phone: _____ E-mail: _____

Optional Extensions: Chengde Pre-Tour Guilin Post-Tour Huang Mts Post-Tour

I/We understand that, by placing a deposit and or signing below, I/we acknowledge that the Terms & Conditions section of this brochure has been accepted.

Signature _____ Date _____

Signature _____ Date _____

Credit Card Number for Deposit: _____

Exp. Date _____ CVV Code _____ (Credit card payment is for deposit only. Balance must be paid by check)

Signature _____ Date _____

Please fax or mail Reservation Form, with deposit, to:

Duke Alumni Travel: China Family

614 Chapel Drive, Box 90572 • Durham, NC 27708-0572

tel: 800-FOR-DUKE • fax: (919) 660-0148

TRAVEL IN CHINA

The schedule will be demanding with moderate physical activity. Travel in China requires good physical condition and health (special needs must be arranged for in advance and may result in additional costs), a spirit of adventure, a flexible attitude, and a sense of humor. The itinerary is subject to change and modification. Every effort will be made to carry out the program as planned, but alterations may still occur. Participants should be aware that no refunds will be made as a result of unforeseen changes, modifications, or delays.

TERM & CONDITIONS

RESERVATIONS: Bookings are subject to the terms and conditions mentioned in these sections. By placing a deposit you agree to and are bound by the terms and conditions listed herein. To confirm your reservation, a deposit of \$700 per person is required. Credit card payment is accepted for the deposit only; final balance must be paid by check.

AIR: Air cancellations and penalties are based on each carrier and ticket. Be sure to review these policies before purchasing air via Airtreks. China Advocates, Inc., Duke Alumni Association, and Duke Alumni Travel are not responsible for any penalties incurred due to air changes or cancellations.

CANCELLATIONS: *No cancellation is valid until it is received in writing by the office of China Advocates.* Cancellation penalties based are on the date of receipt of written notice and are as follows: **91 or more days prior to departure, a cancellation fee of \$500 per person is retained; 90-46 days prior to departure, \$1,500 per person; 45-31 days prior to departure, \$2,500 per person; 30-0 days prior to departure, no refund is made.**

Cancellation penalties for additional hotel nights, hotel and cruise ship room upgrades, tour extensions, and any special arrangements, are as follows: **50-31 days prior to departure, 25% of cost is retained; 30-0 days prior to departure, no refund is made.**

RESPONSIBILITIES: China Advocates, Inc., Duke Alumni Association, and Duke Alumni Travel act only as agents for the various carriers for which tickets are provided and assumes no responsibility or liability in connection with the service of any train, vessel, carriage, aircraft, motor vehicle or other conveyance which may be used either wholly or in part, in the performance of their duty to the passenger. Neither will they be responsible for any act, error, or omission or for any injury, loss, accident, delay or irregularity which may be occasioned by a reason of any defect in any vehicles, or through neglect or default of any company or person engaged in conveying the passenger, or for any hotel proprietor, hotel service or restaurant, or for any other person engaged in carrying out the purpose for which tickets or coupons are issued. Nor will China Advocates, Inc., Duke Alumni Association, and Duke Alumni Travel and/or their agents be responsible for loss, injury, damages or expenses to persons or property, due to illness, weather, strikes, local laws, hostilities, wars, terrorist acts, acts of nature or other such causes in connection with this tour or anything beyond their reasonable control. In the event it becomes necessary or advisable for the comfort or well being of the passengers, or for any reason whatsoever, to alter itinerary or arrangements, such alterations may be made without penalty to the operators. The right is

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reserved to withdraw any or all tours should conditions warrant. We also reserve the right to decline to accept or retain any passengers as members of our tours. In such instances, there will be no refund for unused portions of the tour, and any additional costs incurred are the responsibility of the traveler. Refunds for unused carrier tickets may be only in accordance with the regulations of the carrier. CST 2064278-40. Registration as a seller of travel does not constitute approval by the State of California. All legal questions will be settled within the jurisdiction of the County of San Francisco, California.

Visa: To obtain a Chinese visa, a passport is required that is valid for at least six months beyond the duration of the tour. Travelers are responsible for their own visas.

Trip cancellation insurance is highly recommended and available. You will receive travel insurance information once you are confirmed on the program.

Itinerary is subject to modification.

Prices are subject to change without notice.



The Great Wall